

Guidance on training and ARCP requirements for dual CCT programmes in Infectious Diseases and General Internal Medicine

Infectious Diseases (ID) training comprises two years of Combined Infection Training (CIT) followed by two years of further higher specialist training. As this training occurs after completion of CMT (and in future IMT), this is considered 'higher' training.

If ID is undertaken as part of a dual CCT programme with General Internal Medicine (GIM) an indicative 12 months of GIM training is integrated with higher specialist training meaning the indicative duration of dual training is 5 years. GIM training is not required for those trainees following dual training in ID and Medical Microbiology or Medical Virology.

The delivery of GIM training will vary across the UK and in some programmes the trainee may undertake a year of 'pure' GIM training and in others the GIM training may be spread out throughout the whole period of specialty training. In all circumstances the trainee will need a period of GIM training in their final year to confirm that they are fully trained, confident and competent to undertake duties at consultant level for the award of a CCT.

Trainees entering dual ID/GIM training will have recently completed Core Medical Training (CMT) or equivalent and will have the competencies to undertake the role of the medical registrar. In order to prevent deskilling, the JRCPTB recommends that ID/GIM trainees undertake an indicative six months of GIM training during CIT. The options are:

- Integration throughout clinical training period of the CIT programme. This should not detract from acquiring the laboratory training time or achieving the laboratory competences/capabilities.
- Delivered as a standalone six months at the beginning, during or end of CIT. If delivered as standalone period, this means that both CIT and higher ID/GIM training last for an indicative period of two and a half years to maintain the total duration of higher training in ID/GIM at 5 years.

A further indicative six months of GIM should be delivered during the remaining period of higher specialist training.

In accordance with the General Medical Council (GMC) [position statement](#) on dual CCT recommendations, a trainee on a dual ID/GIM programme must have an ARCP outcome for each specialty in all training years. If no GIM training has taken place during a training year then this should be recorded at the ARCP using the appropriate code. The outcome can be decided via a single panel if the appropriate expertise is available (ie a GIM trained assessor).

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